

FOR MORE INFORMATION

Contact your child's doctor or your local health department. A list of health departments by county is at: http://www.ncalhd.org/directors/.

Additional resources are available at the NC Department of Health and Human Services, Division of Public Health, Environmental Health Section, Childhood Lead Poisoning Prevention Program, http://ehs.ncpublichealth.com/hhccehb/cehu/index.htm#clppp or 1-888-774-0071.







Updated March 2017

LEAD POISONINGCAN BE PREVENTED

Some Do's & Don'ts

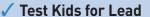




Do all that you can to protect your child from becoming lead poisoned.

TAKE ACTION TO PREVENT **LEAD POISONING**







✓ Wet Clean



✓ Hire a Professional



✓ Wash Hands and Toys



Leave Shoes at Door





Have your water tested for lead.

Do not drink, cook, or make baby formula with your tap water if it contains lead.

Reduce levels of lead in your water by flushing pipes after six hours of nonuse and always use cold water for drinking, cooking, and making formulas and juices.



· HELP YOUR CHILD AVOID THESE SOURCES OF LEAD ···















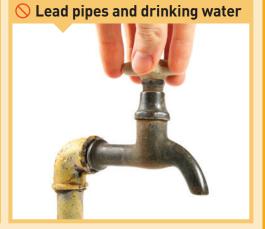




○ Lead paint inside older homes









- Some herbal drinks and teas as well as home remedies like Azarcon, Ba-Baw-San, Daw Tway, Daw Kyin, Ghasard, Greta, and Paylooah may contain lead.
- Some items used for worship, like kumkum, sindoor, and eye make-up such as kohl, kajal, al-Kahal, surma, tiro, tozali, and kwalli may contain lead.