

ST. JOHN PACKING LIST

SNORKEL GEAR

- Dive boots (you will be in pain if you do not have these)
- Dive mask
- Snorkel (including the piece that connects snorkel to dive mask if needed (if you lose this on the trip, you can improvise with a hair tie! I did this last year))
- Defogger
- Fins
- Bag to carry snorkel gear in
- Two swimsuits
- Rash guard (this is a must have)
- Swim shorts (strongly recommended, we all burned our butts, you're just out there for too long for the sunscreen to be entirely effective even if you put it on directly before and after going into the water)
- Three bottles of reef safe sunscreen
- Lip sunscreen
- Wetsuit top to provide warmth (a very nice option to have, can get cold in the water after a while even if it's 80 degrees outside, especially nice for the night snorkel)
- Two towels (quick dry is recommended)

CLOTHING

- Comfortable clothes to wear around camp (t shirt/shorts, lightweight pants and lightweight long sleeve if concerned about bugs bc they are vicious)
- Two to three cute outfits for going to town
- Bras
- Underwear
- Socks
- One to two pairs of pajamas
- One sweatshirt
- A pair of shoes that is comfortable and can get wet (crocs work well, tevas are another great option, the straps of chacos have given people blisters)
- A pair of shoes you are comfortable hiking in (there are several times on the trip where you have the option to go hiking)
- Hat
- Sunglasses (it is very bright there so strongly recommended for anybody with light sensitive eyes)
- Rain jacket
- Lightweight bug shirt or spf shirt

GEAR

- Headlamp
- Watch (need this for knowing the time while snorkeling)
- 2 cans of bug spray
- Aloe
- Two 1-liter water bottles
- Dry bag
- Plastic baggies
- Dive light you received in class
- Fish book
- Whichever book you got put in charge of (big fish book, creatures, or coral)
- Species list (laminated versions work very well)
- Pen to fill out the species list
- \$300 in cash (more cash if you plan on drinking, eating out, grocery shopping, or purchasing souvenirs while there) you will need around \$100 of this cash for the preplanned group meals and things really start to add up, taxi rides alone are \$15
- Photo ID
- Power strip

TOILETRIES

- Brush
- Comb
- Multiple hair ties
- Travel bottles of shampoo and conditioner, consider bringing a deep conditioner
- Face wash
- Razor
- Deodorant
- Toothbrush
- Toothpaste
- Menstrual supplies (for those who menstruate)
- Ibuprofen (cramps/sun burns)
- Benadryl or any other anti itch medicine (for bug bites, some people really liked after bite)
- Band-aids for blisters
- Any other type of medicine you typically take
- Nail clippers

FOOD

- 8 dinners (you do one group dinner, the Mountain House brand is very good, so is tasty bites for easy meal)

- 9 breakfasts

Something you can just grab and eat is easiest (granola, cereal)

Oatmeal is good but you would have to boil water in the morning for it

- 8 packable lunches (you do one group lunch)

- Pack lots of snacks!

Things do melt, so stay away from granola bars or candy with peanut butter or chocolate

- Sponge for cleaning dishes (your campbox is not guaranteed to have one)

- Tupperware for packing lunch so it doesn't get crushed in your drybag

EXTRAS

- Phone

- Phone charger

- Earbuds (to use on the plane)

- Book

- Cards

- Eye mask

OPTIONAL ADDITIONS

- Dive slate/notebook

- Underwater camera

- Dive gloves

- Your own dive light for night snorkeling

- Crazy Creek chair

THESE WERE THE TOP 5 MOST CRUCIAL ITEMS LAST YEAR SO MAKE SURE YOU HAVE THEM

- Dive booties

- Rash guard

- Lots and lots of sunscreen

- Defogger

- Cash